



## ISLAMIAH WOMEN'S ARTS AND SCIENCE COLLEGE

Permanently Affiliated to Thiruvalluvar University  
Recognized by UGC under sections 2(f) and 12(B) of the UGC Act 1956  
Accredited with "B" Grade by NAAC  
Approved by the Government of Tamil Nadu  
Phone:04174-235266 Email: principalwac@gmail.com  
www.islamiahwomensartsandsciencecollege.com

### Project Details 2022 - 2023

Program Name: B.Sc Nutrition – Program Code: U27

S.No	List of Students	Project Title	Place of Work	Duration
1	Kashifa Shireen B	Underweight	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
2	Athufa K	Underweight for Adolescents	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
3	Ayesha Siddiqua S	Obesity	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
4	Ayesha Zahida M	Underweight	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
5	Ayesha Siddiqua P S	Adolescence	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
6	Ayesha Siddiqua C	Underweight	Islamiah Women's Arts And Science College Vaniyambadi	1.2..2023 to 8.5.2023 One Semester
7	Bangi Aiysha Afreen	Adolescents	Islamiah Women's Arts And Science College Vaniyambadi	1.2..2023 to 8.5.2023 One Semester
8	Deepika .V	Adolescents	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 - One Semester

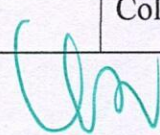


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9	Fariha Ayman H	Adolescents	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
10	Fiza Kulsum K.S	Underweight	Islamiah Women's Arts And Science College Vaniyambadi	1.2..2023 to 8.5.2023 One Semester
11	Fizarah Subiya Tabeen	Obesity Nutrition Education	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
12	Ganiya Majed K	Diet Counseling for Hypertension	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
13	Ghasiya Ayman	School Going Children	Islamiah Women's Arts And Science College Vaniyambadi	1.2..2023 to 8.5.2023 One Semester
14	Gousiya Banu Z	School Going Children	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
15	Haniya Ifrain.N	Diet Counseling in Hypertension	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
16	Haripriya	School Going Children	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
17	Hiba Iram Chiya	Obesity Diet Plan	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
18	Himna Mariyam	School Going Children	Islamiah Women's Arts And Science College Vaniyambadi	1.2..2023 to 8.5.2023 One Semester
19	Ifra Konain	Obesity Diet Plan	Islamiah Women's Arts And Science College Vaniyambadi	1.2..2023 to 8.5.2023 One Semester



  
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20	Juhi Kownain	Diet Counseling Obesity	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
21	Kaka Arfa Suman	Underweight	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
22	Kashifa Kubra.K	Underweight for Adolescence	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
23	Khateeja Sakeen T. M	Underweight for Adults	Islamiah Women's Arts And Science College Vaniyambadi	1.2..2023 to 8.5.2023 One Semester
24	Khateeja Khashiya.A	Underweight for Adults	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
25	Leena Kulsum M.R	Underweight for Adults	Islamiah Women's Arts And Science College Vaniyambadi	1.2..2023 to 8.5.2023 One Semester
26	Mishraz Tasiha	Adolescence	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
27	Miyan Izza Kulsum	Adolescence	Islamiah Women's Arts And Science College Vaniyambadi	1.2..2023 to 8.5.2023 One Semester
28	Mubarra Khashaf J M	Adolescence	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
29	Nashika Innas K	Adolescence	Islamiah Women's Arts And Science College Vaniyambadi	1.2..2023 to 8.5.2023 One Semester
30	Nasiha Taj.N	Adolescence	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester

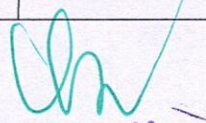


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31	Naziya Banu C	Underweight for Adults	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
32	Nihala Uzma .M	Fitness for Obesity	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
33	Nouheera Kausar.M	Obesity	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
34	Nuha Adeen.V	Fitness for Obesity	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
35	Patel Fareeha Sanuber	Underweight for Adults	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
36	Rimsha Izma S H	Fitness for Obesity	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
37	Riza Fathima P	Obesity	Islamiah Women's Arts And Science College Vaniyambadi	1.2..2023 to 8.5.2023 One Semester
38	Salila Fathima M	Obesity	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
39	Samiha Anam P	Underweight in Adulthood	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
40	Samra Ayman H.M	Underweight for Adulthood	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
41	Sandhiya.K	Pre-School Children	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester




  
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42	Sathya.G	Pre-School Children	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
43	Shaista Afrin S	Pre-School Children	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
44	Shajiya Nusra V	Hypertension in Adults	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
45	Shamaila Tahreem C	Hypertension in Adults	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
46	Shazia Samreen.T	Hypertension in Adults	Islamiah Women's Arts And Science College Vaniyambadi	1.2..2023 to 8.5.2023 One Semester
47	Shibza Iram R	Hypertension in Adults	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
48	Shareequa Sadaf C	Underweight	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
49	Tahiya Afshan S	Underweight	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
50	Zainab Maheen M	Underweight	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester
51	Zuha Sameen G	Underweight	Islamiah Women's Arts And Science College Vaniyambadi	1.2.2023 to 8.5.2023 One Semester



  
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# THIRUVALLUVAR UNIVERSITY

## BACHELOR OF SCIENCE B.Sc. NUTRITION, FOOD SERVICE MANAGEMENT AND DIETETICS UNDER CBCS (With effect from 2020 - 2021)

### Programme Specific Outcomes

1. Understand the importance of foods and nutrition in promotion of health and prevention of diseases
2. Learn the skill based education to apply in food industries
3. Gain knowledge to pursue higher education and research in academic and research institutions
4. Promote career opportunities in personal and corporate life
5. Enable to become Entrepreneurs in the field of Food and Nutrition

### The Course of Study and the Scheme of Examinations

S. No.	Part	Study Components		Ins. Hrs / week	Credit	Title of the Paper	Maximum Marks		
		Course Title					CIA	Uni. Exam	Total
<b>SEMESTER I</b>									
1.	I	Language	Paper-1	6	4	Tamil/Other Languages	25	75	100
2.	II	English (CE)	Paper-1	6	4	<b>Communicative English I</b>	25	75	100
3.	III	Core Theory	Paper-1	6	4	Food Microbiology	25	75	100
	III	Core Practical	Practical-1	4	0	Food Microbiology	0	0	0
4.	III	Allied -1	Paper-1	4	3	Chemistry I	25	75	100
	III	Allied- 1	Practical-1	2	0	Chemistry	0	0	0
5.	III	<b>PE</b>	<b>Paper 1</b>	<b>6</b>	<b>3</b>	<b>Professional English I</b>	<b>25</b>	<b>75</b>	<b>100</b>
6.	IV	Environmental Studies		2	2	Environmental studies	25	75	100
		<b>Sem. Total</b>		<b>36</b>	<b>20</b>		<b>150</b>	<b>450</b>	<b>600</b>
<b>SEMESTER II</b>									
7.	I	Language	Paper-2	6	4	Tamil/Other Languages	25	75	100
8.	II	English (CE)	Paper-2	6	4	<b>Communicative English II</b>	25	75	100
9.	III	Core Theory	Paper-2	5	4	Human Physiology	25	75	100
10.	III	Core Practical	Practical-1	3	2	A. Food Microbiology B. Human Physiology	25	75	100
11.	III	Allied-1	Paper-2	4	3	Chemistry II	25	75	100
12.	III	Allied Practical - 1	Practical-1	2	2	Chemistry Practical	25	75	100
13.	III	<b>PE</b>	<b>Paper 1</b>	<b>6</b>	<b>3</b>	<b>Professional English II</b>	25	75	100
14.	IV	Value Education		2	2	Value Education	25	75	100
15.	IV	Soft Skill		2	1	Soft Skill	25	75	100
		<b>Sem. Total</b>		<b>36</b>	<b>25</b>		<b>225</b>	<b>675</b>	<b>900</b>



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S. No.	Part	Study Components		Ins. Hrs / week	Credit	Title of the Paper	Maximum Marks		
		Course Title					CIA	Uni. Exam	Total
<b>SEMESTER III</b>									
16.	I	Language	Paper-3	6	4	Tamil/Other Languages	25	75	100
17.	II	English	Paper-3	6	4	English	25	75	100
18.	III	Core Theory	Paper-3	5	5	Food Science	25	75	100
	III	Core Practical	Practical	3	0	Food Science	0	0	0
19.	III	ALLIED-2	Paper-3	4	3	Nutritional Biochemistry	25	75	100
	III	Allied Practical	Practical	2	0	Nutritional Biochemistry	0	0	0
20.	IV	Skill based Subject	Paper-1	2	2	Bakery and Confectionery	25	75	100
21.	IV	Non-major elective	Paper-1	2	2	Health and fitness	25	75	100
		<b>Sem. Total</b>		<b>30</b>	<b>20</b>		<b>150</b>	<b>450</b>	<b>600</b>
<b>SEMESTER IV</b>									
22.	I	Language	Paper-4	6	4	Tamil/Other Languages	25	75	100
23.	II	English	Paper-4	6	4	English	25	75	100
24.	III	Core Theory	Paper-4	5	4	Human Nutrition	25	75	100
25.	III	Core Practical	Practical -2	3	3	A. Food Science B. Human Nutrition	25	75	100
26.	III	ALLIED-2	Paper-4	4	3	Food Preservation	25	75	100
27.	III	Allied Practical-2	Practical-2	2	2	A. Nutritional Biochemistry B. Food Preservation	25	75	100
28.	IV	<b>NMSDC : Digital Skills for Employability</b>	<b>Paper-2</b>	<b>2</b>	<b>2</b>	<b>Office Fundamentals</b>	<b>25</b>	<b>75</b>	<b>100</b>
29.	IV	Non-major elective	Paper-2	2	2	Nutrition for the Family	25	75	100
				<b>30</b>	<b>24</b>		<b>200</b>	<b>600</b>	<b>800</b>
<b>SEMESTER V</b>									
30.	III	Core Theory	Paper-5	6	5	Dietetics - I	25	75	100
31.	III	Core Theory	Paper-6	6	5	Nutrition Through Life Cycle	25	75	100
32.	III	Core Theory	Paper-7	6	5	Community Nutrition	25	75	100
	III	Core Practical	Practical	4	0	Nutrition through Life Cycle	0	0	0
	III	Core Practical	Practical	4	0	Dietetics - I	0	0	0
33.	III	Internal Elective	Paper-1	4	3	Hospital Food Service Administration	25	75	100
34.	IV	Skill based Subject	Paper-3	-	2	Internship	100	-	100
				<b>30</b>	<b>20</b>		<b>200</b>	<b>300</b>	<b>500</b>



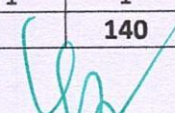


S. No.	Part	Study Components		Ins. Hrs / week	Credit	Title of the Paper	Maximum Marks		
		Course Title							
<b>SEMESTER VI</b>									
35.	III	Core Theory	Paper-8	4	4	Dietetics - II	25	75	100
36.	III	Core Theory	Paper-9	3	3	Food Service Management	25	75	100
37.	III	Core Theory	Paper-10	4	4	Human Development and Counselling	25	75	100
38.	III	Core Practical	Practical-3	3	3	A. Nutrition through Life Cycle B. Dietetics - I	25	75	100
39.	III	Core Practical	Practical-4	3	3	A. Food Service Management B. Dietetics - II	25	75	100
40.	III	Core Project	Paper-11	5	5	<b>Individual / Group Project</b>	25	75	100
41.	III	Internal Elective	Paper-2	3	3	Food Standards and Quality Control	25	75	100
42.	III	Internal Elective	Paper-3	3	3	Nutraceuticals and Nutrigenomics	25	75	100
43.	IV	Skill based Subject	Paper-4	2	2	Perspectives of Home Science	25	75	100
44.	V	Extension Activities		0	1		100	0	100
45.	-	<b>NMSDC : Employability Readiness</b>		-	-	(choose any one) • Naandi • Unnati • Quest • Izipay • IBM Skills build	-	-	-
				<b>30</b>	<b>31</b>		<b>325</b>	<b>675</b>	<b>1000</b>
					<b>140</b>				<b>4400</b>

Part	Subject	Papers	Credit	Total Credits	Marks	Total Marks
Part I	Languages	4	4	16	100	400
Part II	Communicative English & English	4	4	16	100	400
Part III	Allied (Odd Semester)	2	3	10	100	200
	Allied (Even Semester)	2	3		100	200
	Allied Practical	2	2		100	200
	Electives	3	3	9	100	300
	Core	10	(3-5)	43	100	1000
	Core practical	4	(2-3)	11	100	400
	Professional English	2	3	6	100	200
	Compulsory Project (Group/Individual Project)	1	5	5	100	100
Part IV	Environmental Science	1	2	2	100	100
	Soft skill	1	1	1	100	100
	Value Education	1	2	2	100	100
	Lang. & Others /NME	2	2	4	100	200
	Skill Based	4	2	8	100	400
Part V	Extension Activities	1	1	1	100	100
<b>Total</b>		<b>44</b>		<b>140</b>		<b>4400</b>



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Tirupattur - 635 601.

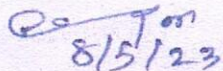
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**PG DEPARTMENT OF FOODS AND NUTRITION**

MAY - 2023

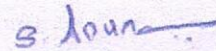
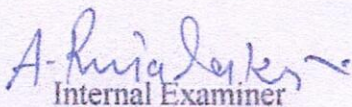
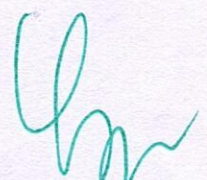
**CERTIFICATE**

This is to certify that the individual project entitled **UNDER DWEIGHT** is the bonafide record done by **KASHIFA SHIREEN.B (REG. NO: 31219U27025)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

  
8/5/23

Signature of the Guide supervisor

(M. SUBHADU)

S. ANUR, M.Sc., M.Phil.,  
Signature of the H.O.D.  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIVAMBADI-635 752Submitted for the Viva -- Voce examination held on 08/05/23  
Internal Examiner  
External Examiner**Dr. I. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE -2.  
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Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **UNDER WEIGHT FOR ADOLESCENTS** is the bonafide record done by **ATHUFA.K (REG. NO: 31220U27001)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*Signature*  
8/5/23

Signature of the Guide supervisor

CM. SUBHADEVI

*Signature*

S. DEVI, M.Sc., M.Phil.,  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 08/05/23



*Signature*  
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ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

*Signature*  
External Examiner  
**Dr. I. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.





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Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

**PG DEPARTMENT OF FOODS AND NUTRITION**

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **OBESITY** is the bonafide record done **AYESHA SIDDIQUA.S (REG. NO: 31220U27002)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*Signature*  
8/5/23

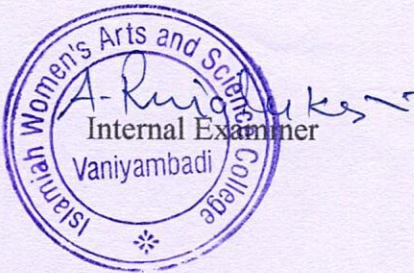
Signature of the Guide supervisor

CM-SUBHADENDU

*Signature*

Signature of the HOD  
S. ARUNA M.Sc., M.Phil.,  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 08/05/23



*Signature*  
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ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

*Signature*

External Examiner

**Dr. I. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.





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 Tirupattur - 635 601.  
 Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **UNDERWEIGHT** is the bonafide record done by **AYESHA ZAHIDA.M (REG. NO: 31220U27003)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*[Signature]*  
8/5/23

Signature of the Guide supervisor  
(M. SUBHADRA EVI)

*[Signature]*

S. ARUNA M.Sc. M.Phil.,  
 HOD of Bio-Chemistry  
 ISLAMIAH WOMEN'S COLLEGE  
 VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 08/05/23



*[Signature]*  
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 AND SCIENCE COLLEGE  
 VANIYAMBADI.

*[Signature]*  
 External Examiner  
 Dr. I. CINI EZHILARASI,  
 Assistant Professor,  
 Department of Nutrition & Dietetics,  
 Muthurangam Government Arts College (A),  
 VELLORE - 2.





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Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

**PG DEPARTMENT OF FOODS AND NUTRITION**

MAY - 2023

**CERTIFICATE**

This is to certify that the individual project entitled **ADOLESCENCE** is the bonafide record done by **AYESHA SIDDIQUA P.S (REG. NO: 31220U27004)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

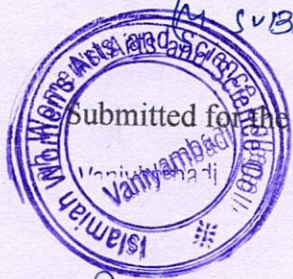
*[Handwritten Signature]*  
8/5/23

Signature of the Guide supervisor

*[Handwritten Name]*  
(M. SUBHADEVI)

*[Handwritten Signature]*

Signature of the H.O.D.  
**S. ARUNA, M.Sc., M.Phil.,**  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**



Submitted for the Viva – Voce examination held on 08/05/23

*[Handwritten Signature]*  
Internal Examiner

*[Handwritten Signature]*  
External Examiner

*[Handwritten Signature]*  
**PRINCIPAL**  
**ISLAMIAH WOMEN'S ARTS**  
**AND SCIENCE COLLEGE**  
**VANIYAMBADI.**

**Dr. I. CINI EZHILARASI,**  
**Assistant Professor,**  
*Department of Nutrition & Dietetics,*  
*Muthurangam Government Arts College (A),*  
**VELLORE - 2.**





## ISLAMIAH WOMEN'S ARTS & SCIENCE COLLEGE

Accredited by NAAC with 'B' grade

Affiliated in Thiruvalluvar University, Newtown, Vaniyambadi

Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **UNDERWEIGHT** is the bonafide record done by **AYESHA SIDDIQUA.C REG. NO: (31220U27005)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*Signature*  
8/5/23

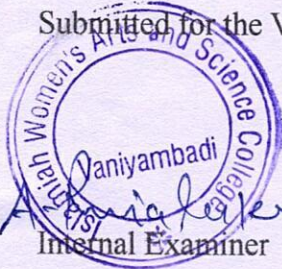
Signature of the Guide supervisor

*CM-SUBHADEVI*

*S. Saruna*

**S. SARUNA, M.Sc., M.Phil.,**  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 08/05/2023



Internal Examiner

*Signature*  
**PRINCIPAL**  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

*Signature*  
External Examiner

**Dr. I. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
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VELLORE - 2.





# ISLAMIAH WOMEN'S ARTS & SCIENCE COLLEGE

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Tirupattur - 635 601.

Email ID: [principaliwc@gmail.com](mailto:principaliwc@gmail.com)

## PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **ADOLESCENTS** is the bonafide record done by **BANGI AIYSHA AFREEN (REG. NO: 31220U27006)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

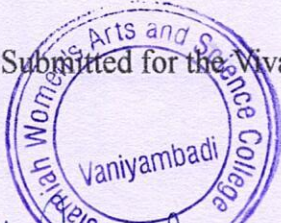
*Signature*  
8/5/23

Signature of the Guide supervisor

*Signature*

**S. ARUNAMOORTHY, Ph.D.,**  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 08/05/23



*Signature*  
Internal Examiner

*Signature*  
External Examiner

*Signature*  
**PRINCIPAL**  
**ISLAMIAH WOMEN'S ARTS**  
**AND SCIENCE COLLEGE**  
**VANIYAMBADI.**

**Dr. I. CINI EZHILARASI,**  
**Assistant Professor,**  
**Department of Nutrition & Dietetics,**  
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### PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **ADOLESCENTS** is the bonafide record done **DEEPIKA.V(REG. NO: 31220U27007)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*Signature*  
8/5/23

Signature of the Guide supervisor

(M. SUBHADEVI)

*Signature*  
SABINA M.Sc M.Phil.,  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/05/23



*Signature*  
Internal Examiner

*Signature*  
PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

*Signature*  
External Examiner

**Dr. I. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.





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Email ID: principaliwc@gmail.com

**PG DEPARTMENT OF FOODS AND NUTRITION**

MAY - 2023

## CERTIFICATE

This is to certify that the individual project entitled **ADOLESCENTS** is the bonafide record done by **FARIHA AYMAN.H (REG. NO: 31220U27008)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

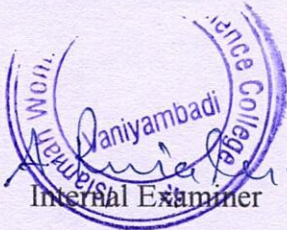
*Signature*  
8/15/23

Signature of the Guide supervisor

**CM-SUBHADENI**

*Signature*  
**S. ARUNA M.Sc. M.Phil.,**  
Signature of the E.O.D  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 8/15/23



Internal Examiner

*Signature*  
**PRINCIPAL**  
**ISLAMIAH WOMEN'S ARTS**  
**AND SCIENCE COLLEGE**  
**VANIYAMBADI.**

*Signature*  
External Examiner

**Dr. I.CINI EZHILARASI,**  
**Assistant Professor,**  
*Department of Nutrition & Dietetics,*  
*Muthurangam Government Arts College (A),*  
**VELLORE - 2.**





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**PG DEPARTMENT OF FOODS AND NUTRITION**

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **UNDERWEIGHT** is the bonafide record done by **FIZA KULSUM K.S (REG. NO: 31220U27009)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*Signature*  
8/5/23

Signature of the Guide supervisor

**(M. SUBHADEVI)**

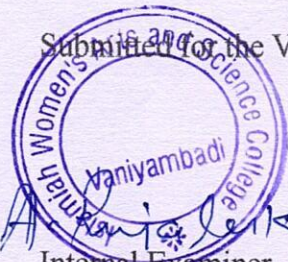
*Signature*

Signature of the H.O.D.

**S. ARUNA, M.Sc., D.Phil.,  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on

8/5/23



Internal Examiner

*Signature*  
**PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.**

*Signature*

External Examiner

**Dr. I. CINI EZHILARASI,  
Assistant Professor,  
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Muthurangam Government Arts College (A),  
VELLORE - 2.**





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Email ID: principaliwc@gmail.com

## PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **OESITY NUTRITION EDUCATION** is the bonafide record done by **FIZARAH SUBIYA TABEEN (REG. NO: 31220U27010)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managament and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Rajalakshmi*  
Signature of the Guide supervisor

*S. Aruna*  
**S. ARUNA, M.Sc. M.Phil.,**  
Signature of the H.O.D.  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 8/05/23

*A. Rajalakshmi*  
Internal Examiner

*[Signature]*  
**PRINCIPAL**  
**ISLAMIAH WOMEN'S ARTS**  
**AND SCIENCE COLLEGE**  
**VANIYAMBADI.**

*[Signature]*  
External Examiner  
**Dr. I. CINI EZHILARASI,**  
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Email ID: principaliwc@gmail.com

### PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled DIET COUNCELLING FOR HYPERTENSION is the bonafide record done by **GANIYA MAJED K (REG. NO: 31220U27011)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managment and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

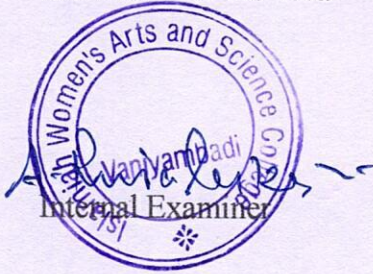
*A. Rania Loke*

Signature of the Guide supervisor

*S. Loun*

Signature of the H.O.D.  
**ARUNA, M.Sc., M.Phil.,**  
 HOD of Bio-Chemistry  
 ISLAMIAH WOMEN'S COLLEGE  
 VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/05/23



Internal Examiner

*[Signature]*

**PRINCIPAL**  
 ISLAMIAH WOMEN'S ARTS  
 AND SCIENCE COLLEGE  
 VANIYAMBADI.

*[Signature]*

External Examiner

**Dr. I. CINI EZHILARASI,**  
 Assistant Professor,  
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 VELLORE - 2.





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Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled SCHOOL GOING CHILDREN is the bonafide record done by **GHASIYA AYMAN (REG. NO: 31220U27012)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managament and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Rivalakshmi*  
Signature of the Guide supervisor

*S. Jagan*  
Signature of the HOD  
HOD of PG DEPARTMENT  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/5/23



*[Signature]*  
PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

*[Signature]*  
External Examiner

**Dr. I. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.





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Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled SCHOOL GOING CHILDREN is the bonafide record done by **GOUSIYA BANU Z (REG. NO: 31220U27013)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managament and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Arivalokan*  
Signature of the Guide supervisor

*S. Aruna*  
**S. ARUNA, M.Sc., M.Phil.,**  
Signature of the H.O.D.  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 8/5/23

*A. Arivalokan*  
Internal Examiner

*[Signature]*  
PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

*[Signature]*  
External Examiner  
**Dr. I. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.





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Tirupattur - 635 601.

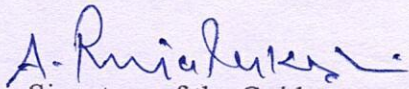
Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

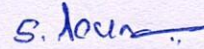
MAY - 2023

## CERTIFICATE

This is to certify that the individual project entitled DIET COUNCELLING IN HYPERTENSION is the bonafide record done by **HANIYA IFRAIN N (REG. NO: (31220U27014))** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managment and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.



Signature of the Guide supervisor

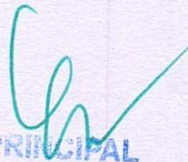


S. Srinivasan, M.Phil.,  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

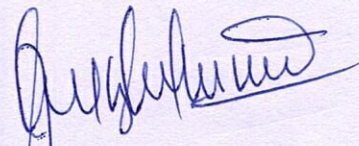
Submitted for the Viva – Voce examination held on 8/5/23



Internal Examiner



PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.



External Examiner

Dr. J. CINI EZHILARASI,  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.





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Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

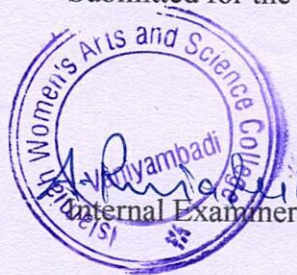
### CERTIFICATE

This is to certify that the individual project entitled SCHOOL GOING CHILDREN is the bonafide record done by **HARIPRIYA (REG. NO: 31220U27015)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managament and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Rujia Lekeza*  
Signature of the Guide supervisor

*S. Aruna*  
Signature of the H.O.D.  
**S. ARUNA, M.Sc., M.Phil.,**  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 2/5/23



Internal Examiner

*[Signature]*  
**PRINCIPAL**  
**ISLAMIAH WOMEN'S ARTS**  
**AND SCIENCE COLLEGE**  
**VANIYAMBADI.**

*[Signature]*  
External Examiner

**Dr. I. CINI EZHILARASI,**  
**Assistant Professor,**  
**Department of Nutrition & Dietetics,**  
**Muthurangam Government Arts College (A),**  
**VELLORE - 2.**





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Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **OBESITY DIET PLAN** is the bonafide record done by **HIBA IRAM CHIYA (REG. NO: 31220U27016)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Aruna Devi*

Signature of the Guide supervisor

*S. Aruna*

Signature of the H.O.D

**S. ARUNA, M.Sc., M.Phil.,**  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on

8/5/23



Internal Examiner

*[Signature]*  
**PRINCIPAL**  
**ISLAMIAH WOMEN'S ARTS**  
**AND SCIENCE COLLEGE**  
**VANIYAMBADI.**

*[Signature]*

External Examiner

**Dr. ICINI EZHILARASI,**  
**Assistant Professor,**  
**Department of Nutrition & Dietetics,**  
**Muthurangam Government Arts College (A),**  
**VELLORE - 2.**





## ISLAMIAH WOMEN'S ARTS & SCIENCE COLLEGE

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Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **SCHOOL GOING CHILDREN** is the bonafide record done by **HIMNA MARIYAM (REG. NO: 31220U27017)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managament and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Rujia Kertan*  
Signature of the Guide supervisor

*S. Anand*  
Signature of the H.O.D  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/5/23

*A. Rujia Kertan*  
Internal Examiner

*[Signature]*  
PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

*[Signature]*  
External Examiner  
**Dr. J. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.









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Tirupattur - 635 601.

Email ID: [principalrwc@gmail.com](mailto:principalrwc@gmail.com)

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **DIET COUNCELLING OBESITY** is the bonafide record done by **JUHI KOWNAIN (REG. NO: 31220U27019)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managament and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Prudhika*  
Signature of the Guide supervisor

*S. Louna*  
Signature  
**Signature, M.Sc.DM.,  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on

8/5/23

*A. Prudhika*  
Internal Examiner

*[Signature]*  
External Examiner

*[Signature]*  
**PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.**

**Dr. I. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
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VELLORE - 2.









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Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

### PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled UNDERWEIGHT FOR ADOLESCENCE is the bonafide record done by KASHIFA KUBRA.K (REG. NO: 31220U27021) in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managment and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

Signature of the Guide supervisor

D. JANSI RANI

S. ARUNA M.Sc. B.Ed.  
Signature of the H.O.D  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/5/2023

A. Anandakrishnan  
Internal Examiner

PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

External Examiner  
Dr. I. CINI EZHILARASI,  
Assistant Professor,  
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Muthurangam Government Arts College (A),  
VELLORE - 2.





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Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled UNDERWEIGHT FOR ADULTS is the bonafide record done by KHATEEJA SAKEEN. T.M (REG. NO: 31220U27022) in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managment and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

Signature of the Guide supervisor

D. FANCI RANI

Signature of the H.O.D

H.O.D of Bio-Chemistry

ISLAMIAH WOMEN'S COLLEGE

VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/5/2023.

Internal Examiner

PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

External Examiner

**Dr. I. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.





## ISLAMIAH WOMEN'S ARTS & SCIENCE COLLEGE

Accredited by NAAC with 'B' grade

Affiliated in Thiruvalluvar University, Newtown, Vaniyambadi

Tirupattur - 635 601.

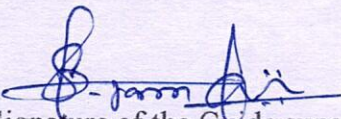
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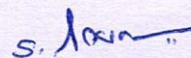
PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

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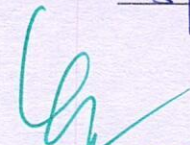
This is to certify that the individual project entitled UNDERWEIGHT FOR ADULTS is the bonafide record done by KHATEEJA KHASHIYA.(REG. NO: 31220U27023) in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managament and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

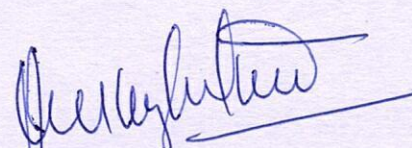
  
Signature of the Guide supervisor  
D. JANSI RANI.

  
S. ARUNA, M.Sc., M.Phil.,  
Signature of the H.O.D.  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/5/23

  
Internal Examiner

  
PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
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VANIYAMBADI.

  
External Examiner





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Tirupattur - 635 601.

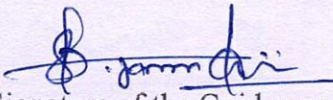
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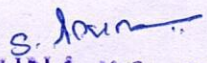
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MAY - 2023

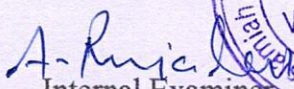
### CERTIFICATE

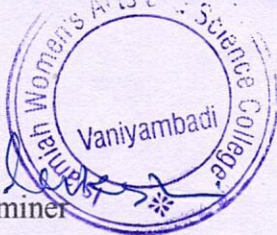
This is to certify that the individual project entitled UNDERWEIGHT IN ADULTS is the bonafide record done by LEENA KULSUM M.R REG. NO: (31220U27024) in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managament and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

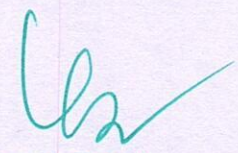
  
Signature of the Guide supervisor  
D. JANSI RANI

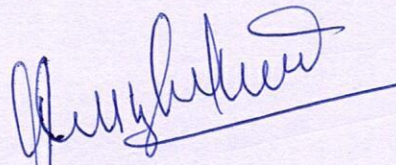
  
S. ARUNA M.Sc. M.Phil.  
Signature of the H.O.D.  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/5/2023.

  
Internal Examiner



  
PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
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External Examiner





## ISLAMIAH WOMEN'S ARTS & SCIENCE COLLEGE

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Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

### PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled ADOLESCENCE is the bonafide record done by MISHRAZ TASIHA (REG. NO: 31220U27025) in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

Signature of the Guide supervisor  
D. JANKI DEVI.

S. ARUNA  
Signature of the H.O.D.  
HOD of Bio-Chemistry  
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Submitted for the Viva – Voce examination held on 8/5/2023

A. Anitha  
Internal Examiner

PRINCIPAL  
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Dr. I. CINI EZHILARASI,  
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## PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **ADOLESCENCE** is the bonafide record done **MIYAN IZZA KULSUM (REG. NO: 31220U27026)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

Signature of the Guide supervisor

**D. JANSI LANI**

Signature of the H.O.D

**S. ARUNA, M.Sc., M.Phil.,**

**HOD of Bio-Chemistry**

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**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on

8/5/2023

Internal Examiner

External Examiner

**PRINCIPAL**  
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### PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled ADOLESCENCE is the bonafide record done by MUBARRA KHASHAF JM (REG. NO: 31220U27027) in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

Signature of the Guide supervisor

D. JANSI RANI

Signature of the H.O.D

H.O.D

ISLAMIAH WOMEN'S  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/5/2023.



Internal Examiner

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### CERTIFICATE

This is to certify that the individual project entitled ADOLESCENCE is the bonafide record done by NASHIKA INNAS K (REG. NO: 31220U27028) in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

Signature of the Guide supervisor

Submitted for the Viva – Voce examination held on 8/5/2023.

Internal Examiner

External Examiner

**Dr. I. CINI EZHILARASI,**  
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Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

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MAY - 2023

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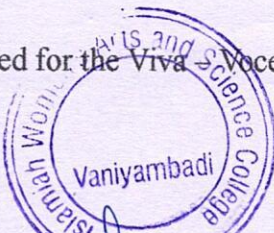
This is to certify that the individual project entitled ADOLESCENCE is the bonafide record done by NASIHA TAJN (**REG. NO: 31220U27030**) in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

Signature of the Guide supervisor

*J. JANSI PONI*

S. Joun  
Signature of the H.O.D  
HOD of Bio-Chem.  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva-Voice examination held on 8/5/2023.



*A. Rujalaks*  
Internal Examiner

*ES*  
PRINCIPAL  
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*Dr. N. Cini Ezhilarsi*  
External Examiner  
**Dr. N. CINI EZHILARASI,**  
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VELLORE - 2.





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Tirupattur - 635 601.

Email ID: [principaliwc@gmail.com](mailto:principaliwc@gmail.com)

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

## CERTIFICATE

This is to certify that the individual project entitled **UNDERWEIGHT IN ADULT** is the bonafide record done by **NAZIYA BANU .C (REG. NO: 31220U27031)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Suganthi*

Signature of the Guide supervisor

*S. Aruna*

Signature of the H.O.D

**S. ARUNA**  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/5/2023



*Ch*  
PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

*I. Cini Ezhilarsi*

External Examiner

**Dr. I. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.





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Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

## PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

## CERTIFICATE

This is to certify that the individual project entitled **FITNESS FOR OBESITY** is the bonafide record done by **NIHALA UZMA .M (REG. NO: 31220U27032)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Suganthu*

Signature of the Guide supervisor

*S. Anuradha*

Signature of H.O.D.  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/5/2023



Internal Examiner

*Principaliwc*

PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

*I. Cini Ezhilarsi*

External Examiner

Dr. I. CINI EZHILARASI,  
Assistant Professor,  
Department of Nutrition & Dietetics,  
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VELLORE - 2.





## ISLAMIAH WOMEN'S ARTS & SCIENCE COLLEGE

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Affiliated in Thiruvalluvar University, Newtown, Vaniyambadi

Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **OBESITY** is the bonafide record done by **NOUHEERA KAUSAR.M (REG. NO: 31220U27034)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*S. Suganthi*

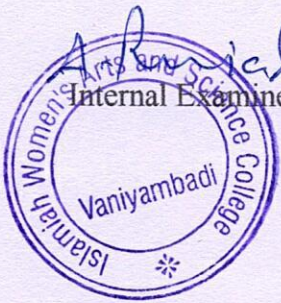
Signature of the Guide supervisor

*S. Aruna*

Signature of the H.O.D

**S. ARUNA, M.Sc., M.Phil.,  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE**

Submitted for the Viva – Voce examination held on 8/5/2023 VANIYAMBADI-635 752.



Internal Examiner

*Ch*  
PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

*Dr. I. Cineezhilarasi*

External Examiner

**Dr. I. CINEEZHILARASI,  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.**





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Tirupattur - 635 601.

Email ID: principalwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **FITNESS FOR OBESITY** is the bonafide record done by **NUHA ADEEN .V (REG. NO: 31220U27035)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Suganthi*

Signature of the Guide supervisor

*S. Aruna*

Signature of the H.O.D

**S. ARUNA, M.Sc., M.Phil.,**

**HOD of Bio-Chemistry**

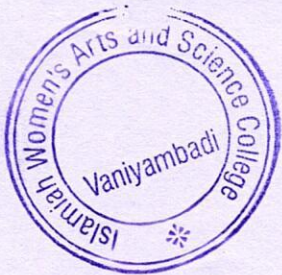
**ISLAMIAH WOMEN'S COLLEGE**

**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 8/5/2023

*A. Raviaditya*

Internal Examiner



*Dr. I. Cini Ezhilarsi*

External Examiner

**Dr. I. CINI EZHILARASI,**  
**Assistant Professor,**  
**Department of Nutrition & Dietetics,**  
**Muthurangam Government Arts College (A),**  
**VELLORE - 2.**

*[Signature]*

**PRINCIPAL**  
**ISLAMIAH WOMEN'S ARTS**  
**AND SCIENCE COLLEGE**  
**VANIYAMBADI**





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Affiliated in Thiruvalluvar University, Newtown, Vaniyambadi

Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

## CERTIFICATE

This is to certify that the individual project entitled **UNDERWEIGHT IN ADULTHOOD** is the bonafide record done by **PATEL FAREEHA SANUBER REG. NO: (31220U27036)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Suganthi*

Signature of the Guide supervisor

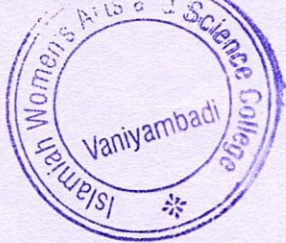
*S. Aruna*

Signature of the H.O.D.  
**S. ARUNA, M.Sc.M.Phil.,**  
H.O.D of Bio-Chemistry  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 8/5/2023

*A. Anilakrishnan*

Internal Examiner



*I. Cini Ezhilarasi*

External Examiner

**Dr. I. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.

*G. S.*

PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.





## ISLAMIAH WOMEN'S ARTS & SCIENCE COLLEGE

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Tirupattur - 635 601.

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PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **FITNESS FOR OBESITY** is the bonafide record done by **RIMSHA IZMA .S.H (REG. NO: 31220U27037)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Suganthi*

Signature of the Guide supervisor

*S. Aruna*  
Signature of the H.O.D.  
**ARUNA, M.Sc., M.Phil.,**  
**D. of Bio-Chemistry,**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 8/5/2023

*A. Rujia Lakshmi*  
Internal Examiner



*Ch*  
PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
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VANIYAMBADI.

*Dr. Cini Ezhilarasi*  
External Examiner

**Dr. CINI EZHILARASI,**  
Assistant Professor,  
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VELLORE - 2.





## ISLAMIAH WOMEN'S ARTS & SCIENCE COLLEGE

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Tirupattur - 635 601.

Email ID: [principaliwc@gmail.com](mailto:principaliwc@gmail.com)

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **OBESITY** is the bonafide record done **RIZA FATHIMA .P (REG. NO: 31220U27038)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managment and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

Signature of the Guide supervisor

Signature of the H.O.D.  
**S. ARUN**, M.Sc., M.Phil.,  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 08/5/2023

Internal Examiner



External Examiner

**Dr. I. CINI EZHILARASI,**  
**Assistant Professor,**  
**Department of Nutrition & Dietetics,**  
**Muthurangam Government Arts College (A),**  
**VELLORE - 2.**

**PRINCIPAL**  
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**VANIYAMBADI**





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PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **OBESITY** is the bonafide record done by **SALILA FATHIMA .M (REG. NO: 31220U27039)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managment and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*S. Suganthi*

Signature of the Guide supervisor

*S. Aruna*

Signature of the H.O.D

**S. ARUNA, M.Sc., M.Phil.,**

**HOD of Bio-Chemistry**

**ISLAMIAH WOMEN'S COLLEGE**

**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 08/5/2023

*A. Aruna Lakshmi*

Internal Examiner

*Dr. I. Cini Ezhilarasi*

External Examiner

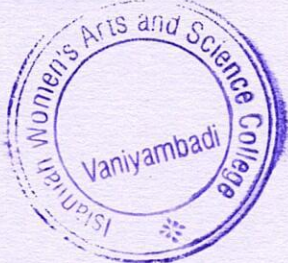
**Dr. I. CINI EZHILARASI,**

**Assistant Professor,**

**Department of Nutrition & Dietetics,**

**Auturangam Government Arts College (A),**

**VELLORE - 2.**



*[Signature]*  
**PRINCIPAL**  
**ISLAMIAH WOMEN'S ARTS**  
**AND SCIENCE COLLEGE**  
**VANIYAMBADI**





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Tirupattur - 635 601.

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MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **UNDERWEIGHT IN ADULTHOOD** is the bonafide record done by **SAMIHA ANAM .P (REG. NO: 31220U27040)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Sugantha*

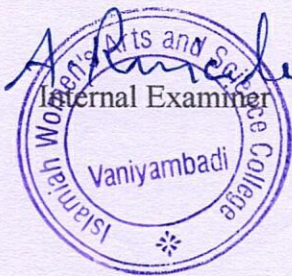
Signature of the Guide supervisor

*S. Aruna*

Signature of the H.O.D

**S. ARUNA, M.Sc., M.Phil.,**  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 8/5/2023



*[Signature]*  
**PRINCIPAL**  
**ISLAMIAH WOMEN'S ARTS**  
**AND SCIENCE COLLEGE**  
**VANIYAMBADI.**

*[Signature]*

External Examiner

**Dr. I. CINI EZHILARASI,**  
**Assistant Professor,**  
**Department of Nutrition & Dietetics,**  
**Muthurangam Government Arts College (A),**  
**VELLORE - 2.**





## ISLAMIAH WOMEN'S ARTS & SCIENCE COLLEGE

Accredited by NAAC with 'B' grade

Affiliated in Thiruvalluvar University, Newtown, Vaniyambadi

Tirupattur - 635 601.

Email ID: principaliwc@gmail.com

### PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

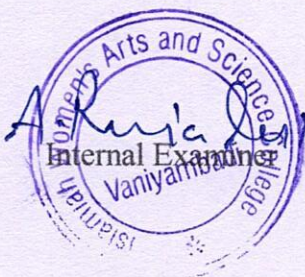
This is to certify that the individual project entitled **UNDERWEIGHT IN ADULTHOOD** is the bonafide record done by **SAMRA AYMAN H.M (REG. NO: 31220U27041)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

*A. Suganthi*

Signature of the Guide supervisor

*G. Aruna*  
Signature of the H.O.D  
**ARUNA, M.Sc., M.Phil.,**  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 8/5/2023



*[Signature]*  
**PRINCIPAL**  
**ISLAMIAH WOMEN'S ARTS**  
**AND SCIENCE COLLEGE**  
**VANIYAMBADI.**

*[Signature]*  
External Examiner  
**Dr. I. CINI EZHILARASI,**  
**Assistant Professor,**  
**Department of Nutrition & Dietetics,**  
**Muthurangam Government Arts College (A),**  
**VELLORE - 2.**





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Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **PRE-SCHOOL CHILDREN** is the bonafide record done by **SANDHIYA K (REG. NO: 31220U27042)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

Signature of the Guide supervisor

G. THIRUVAVASI

Signature of the H.O.D

S. ARUNA, M.Sc., M.Phil.,  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/5/2023

Internal Examiner



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ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
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External Examiner

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Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.





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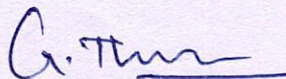
Accredited by NAAC with 'B' grade  
Affiliated in Thiruvalluvar University, Newtown,  
Vaniyambadi, Tirupattur - 635 601.  
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MAY - 2023

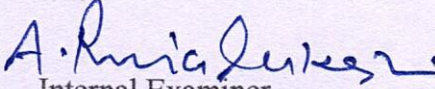
### CERTIFICATE

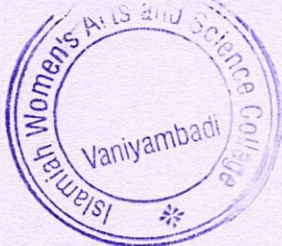
This is to certify that the individual project entitled **PRE-SCHOOL CHILDREN** is the bonafide record done by **SATHYA G (REG. NO: 31220U27043)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

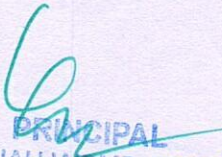
  
Signature of the Guide supervisor  
G. THIRUVALLUVAR

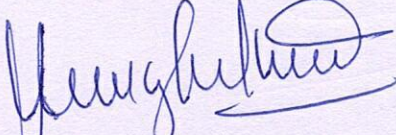
  
Signature of the H.O.D  
S. ARUNA, M.Sc., M.Phil.,  
HOD of Bio. Chemistry,  
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VANIYAMBADI - 635 601

Submitted for the Viva – Voce examination held on 8/5/2023

  
Internal Examiner



  
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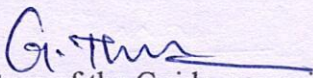
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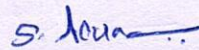
### PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

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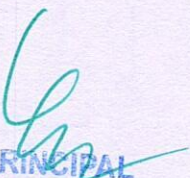
This is to certify that the individual project entitled **PRE-SCHOOL CHILDREN** is the bonafide record done by **SHAISTA AFRIN S (REG. NO: 31220U27044)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

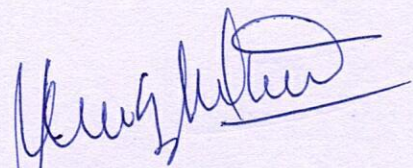
  
Signature of the Guide supervisor  
G. THIRUVASRI

  
S. ARUNA, M.Sc., M.Phil.,  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

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Internal Examiner  


  
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VELLORE - 2.





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Affiliated in Thiruvalluvar University, Newtown,  
Vaniyambadi, Tirupattur - 635 601.  
Email ID: principaliw@gmail.com

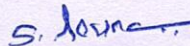
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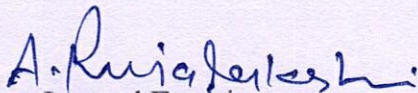
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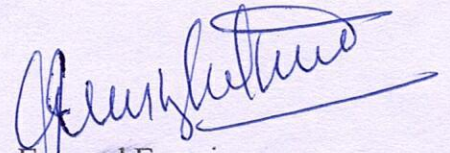
This is to certify that the individual project entitled **HYPERTENSION IN ADULTS** is the bonafide record done by **SHAJIYA NUSRA V (REG. NO: 31220U27045)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managment and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

  
Signature of the Guide supervisor  
G. THIRUVALLUVAR

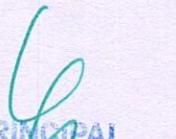
  
Signature of the H.O.D  
**S. ARUNA, M.Sc., M.Phil.,**  
HOD of Bio-Chemistry  
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VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/5/2023

  
Internal Examiner

  
External Examiner



  
PRINCIPAL  
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Email ID: principaliwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **HYPERTENSION IN ADULTS** is the bonafide record done by **SHAMAILA TAHREEM C (REG. NO: 31220U27046)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

Signature of the Guide supervisor

G. THIRUVASARI

Signature of the H.O.D  
**S. ARUNA, M.Sc., M.Phil.,**  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 8/5/2023

Internal Examiner



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ISLAMIAH WOMEN'S ARTS  
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VANIYAMBADI.

External Examiner

**Dr. V. CINI EZHILARASI,**  
**Assistant Professor,**  
**Department of Nutrition & Dietetics,**  
**Muthuramgam Government Arts College (A),**  
**VELLORE - 2.**





## ISLAMIAH WOMEN'S ARTS & SCIENCE COLLEGE

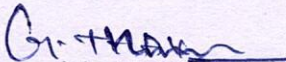
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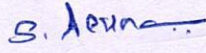
### PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

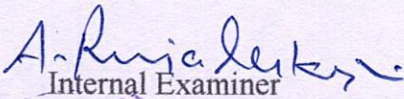
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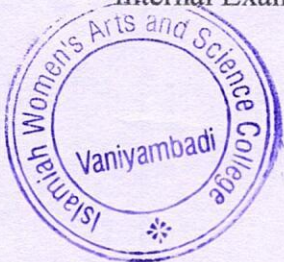
This is to certify that the individual project entitled **HYPERTENSION IN ADULTS** is the bonafide record done by **SHAZIYA SAMREEN T (REG. NO: 31220U27047)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

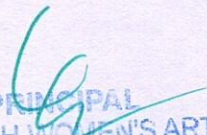
  
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G. THAVASI

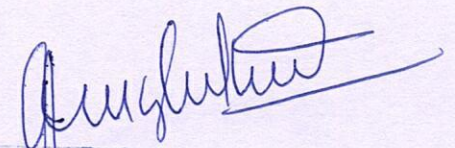
  
Signature of the H.O.D  
S. ARUNA, M.Sc., M.Phil.,  
HOD of Bio-Chemistry  
ISLAMIAH WOMEN'S COLLEGE  
VANIYAMBADI-635 752.

Submitted for the Viva – Voce examination held on 8/5/2023

  
Internal Examiner



  
PRINCIPAL  
ISLAMIAH WOMEN'S ARTS  
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VANIYAMBADI.

  
External Examiner  
Dr. J. CINI EZHILARASI,  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.





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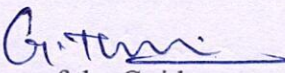
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Email ID: principaliwc@gmail.com

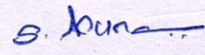
### PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

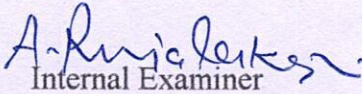
### CERTIFICATE

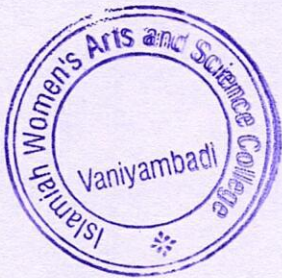
This is to certify that the individual project entitled **HYPERTENSION IN ADULTS** is the bonafide record done by **SHIBZA IRAM R (REG. NO: 31220U27048)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.


  
Signature of the Guide supervisor  
G. THAVASI

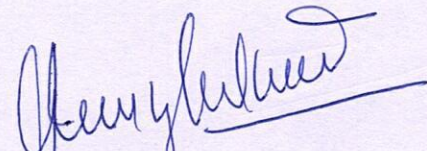
  
Signature of the H.O.D  
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**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

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Internal Examiner



  
PRINCIPAL  
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VANIYAMBADI

  
External Examiner  
**Dr. I. CINI EZHILARASI,**  
**Assistant Professor,**  
**Department of Nutrition & Dietetics,**  
**Muthurangam Government Arts College (A),**  
**VELLORE - 2.**





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Email ID: principaliwc@gmail.com

### PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

### CERTIFICATE

This is to certify that the individual project entitled **UNDERWEIGHT** is the bonafide record done by **SHAREEQUA SADAF C (REG. NO: 31220U27049)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

Signature of the Guide supervisor

*G. Thanasri*  
G. THANASRI

Signature of the H.O.D

*S. Aruna*  
**S. ARUNA, M.Sc., M.Phil.,**  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

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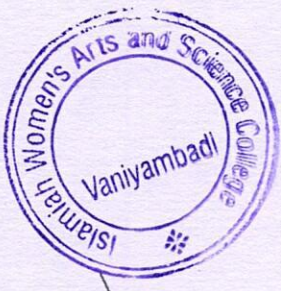
*A. Rujia Lekshmi*  
Internal Examiner

*G. Thanasri*  
PRINCIPAL

ISLAMIAH WOMEN'S ARTS  
AND SCIENCE COLLEGE  
VANIYAMBADI.

External Examiner

*Dr. V. Cini Ezhilarasi*  
**Dr. V. CINI EZHILARASI,**  
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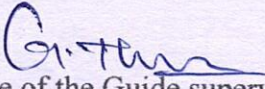
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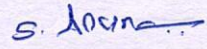
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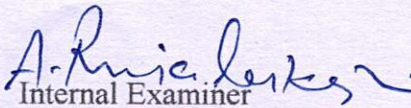
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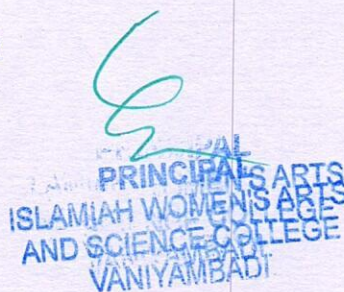
This is to certify that the individual project entitled **UNDERWEIGHT** is the bonafide record done by **TAHIYA AFSHAN S (REG. NO: 31220U27050)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

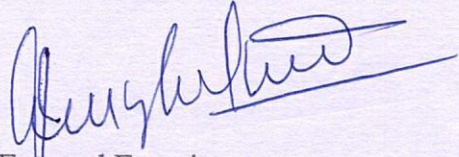
  
Signature of the Guide supervisor  
**G. THANDRI**

  
Signature of the H.O.D.  
**S. ARUNA, M.Sc., M.Phil.,**  
**HOD of Bio-Chemistry**  
**ISLAMIAH WOMEN'S COLLEGE**  
**VANIYAMBADI-635 752.**

Submitted for the Viva – Voce examination held on 8/5/2023

  
Internal Examiner



  
External Examiner  
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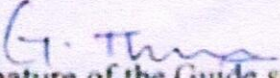
Accredited by NAAC with 'B' grade  
Affiliated in Thiruvalluvar University, Newtown, Vaniyambadi  
Tirupattur - 635 601.  
Email ID: principalw@gmail.com

**PG DEPARTMENT OF FOODS AND NUTRITION**

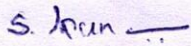
**MAY - 2023**

**CERTIFICATE**

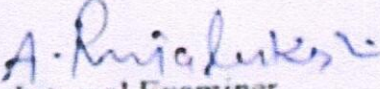
This is to certify that the individual project entitled **UNDERWEIGHT** is the bonafide record done by **ZAINAB MAHEEN .M (REG NO : 31220U27052)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Management and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

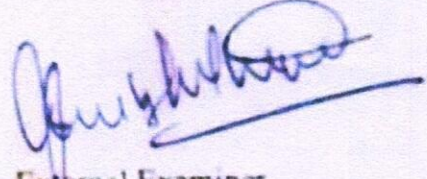
  
Signature of the Guide supervisor

G. THIRUMALA

  
Signature of the H.O.D

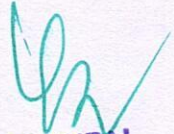
Submitted for the Viva – Voce examination held on 8/05/2023

  
Internal Examiner

  
External Examiner

**Dr. I. CINI EZHILARASI,**  
Assistant Professor,  
Department of Nutrition & Dietetics,  
Muthurangam Government Arts College (A),  
VELLORE - 2.



  
**PRINCIPAL**  
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Email ID: principalwc@gmail.com

PG DEPARTMENT OF FOODS AND NUTRITION

MAY - 2023

## CERTIFICATE

This is to certify that the individual project entitled **UNDERWEIGHT** is the bonafide record done by **ZUHA SAMEEN .G (REG NO : 31220U27055)** in partial fulfilment of the requirement for the award of the degree of the Bachelor of Science in Nutrition Food Service Managment and Dietetics under my supervision during the period of 2022 – 2023. It has not been formed the basis for the award of any other degree.

Signature of the Guide supervisor

G. TITAVASRI

Signature of the H.O.D

Submitted for the Viva – Voce examination held on 8/05/2023

Internal Examiner

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